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Executive Deputy Commissioner

**Evidence-Based Practices in OMH-Licensed Community Based Provider Agencies to  
Serve Children and Families with Significant Mental Health Needs**  
**September 2022**

The New York State (NYS) Office of Mental Health (OMH) is providing one-time funding totaling \$4,200,000 to OMH-licensed, designated, or funded programs to support implementation of evidence-based practices for children and families. Specifically, these resources are intended to support children and youth in the wake of the coronavirus pandemic, in alignment with the design and intent of the Coronavirus Response and Relief Supplement Appropriations Act and American Rescue Plan Act. Specifically, the Mental Health Block Grant is “designed to provide comprehensive community mental health services, including services that address the needs of children” and “to increase access to evidence-based treatment and coordinated recovery support for those with SMI and SED”.

Successful EBP implementation requires time and resources. The purpose of this one-time funding opportunity is to offset some of the costs to providers seeking EBP qualification, achieving EBP qualification, retaining EBP qualified clinicians, integrating EBP data tracking within their billing procedures, and expanding the delivery of EBP services.

**Evidence-Based Practices Investment:**

Eligible applicants, who are OMH licensed, designated, or funded providers serving children and families, can apply for a one-time award of \$10,000 per practitioner working in an OMH licensed, designated, or funded children’s mental health program meeting either of the two criteria below. Note that while a practitioner may meet both criteria, the applicant is only eligible for an award of \$10,000 for each practitioner.

1. Full-time, part-time, or per diem practitioner who is certified by the official certifying entity in an EBP listed in Appendix A AND who has provided the EBP or is actively providing the EBP to at least one youth/family in an OMH-licensed, designated, or funded program within the period from 3/15/2021 through 9/1/2022. This individual must be employed by the applicant at the time that the application is submitted.
2. Full-time, part-time, or per diem practitioner in an OMH-licensed, designated or funded program who has begun the process of certification in an EBP listed in Appendix A, as evidenced by attendance in at least one training by the approved certifying entity within the period from 3/15/2021 through 10/1/2022. NOTE: Practitioners who have taken trainings but who are not certified by an official certifying entity nor have begun the process of certification through certifying entity cannot be counted towards the applicant’s total number of practitioners.

Each applicant is eligible for up to \$200,000 of funding. If funds are underspent, OMH may raise the limit available for each applicant.

- For example, if 1 full-time, part-time, or per diem staff member is certified in Child Parent Psychotherapy and has provided the EBP to a youth/family in an OMH-licensed, designated or funded program the eligible period, the applicant is eligible for \$10,000.
- For example, if 1 full-time, part-time, or per diem staff member is certified in both Child Parent Psychotherapy and Trauma-focused Cognitive Behavior Therapy and has provided the EBP in an OMH-licensed, designated or funded program to a youth/family in the eligible period, the applicant is eligible for \$10,000.
- For example, if 4 full-time, part-time or per diem staff members are certified in Multisystemic Therapy and are actively providing the EBP to at least one youth/family in an OMH-licensed, designated or funded program, the applicant is eligible for \$40,000.
- For example, if 2 full-time, part-time, or per diem staff members in an OMH-licensed, designated or funded program have begun the process of certification in Functional Family Therapy as defined above as of 10/1/22, the applicant is eligible for \$20,000.
- For example, if 5 full-time, part-time, or per diem staff members in an OMH-licensed, designated or funded program are certified in Parent Child Interaction Therapy and 5 different full-time, part-time, or per diem staff members in an OMH-licensed, designated or funded program have begun the process of certification in Trauma-Focused Cognitive Behavior Therapy as defined above, the applicant is eligible for \$100,000.
- For example, if 33 full-time, part-time, or per diem staff members are certified in Parent Child Interaction Therapy and have provided the EBP in an OMH-licensed, designated or funded program to at least one youth/family in the eligible period and 4 different full-time, part-time, or per diem staff members in an OMH-licensed, designated or funded program have begun the process of certification in Trauma-Focused Cognitive Behavior Therapy, the applicant is eligible for \$200,000. NOTE: OMH may raise the limit if funds are underspent.

These funds are intended to be used for:

- Retaining EBP qualified clinicians
- Integration of EBPs into organizational procedures and workflow, including adapting agency electronic health records and claims submissions, and coordinating with MCOs to use EBP tracking codes
- Expanding access to EBP services
- Supporting associated costs of EBP delivery

## **Eligible Applicants:**

Eligible applicants must be OMH licensed, designated, or funded community-based provider agencies serving children and families in good standing with OMH. Recognized practitioners for this grant must be employed by and working in an OMH licensed, designated, or funded children's mental health program. Agencies chosen for funding must have at least one year of experience as an OMH licensed, designated or funded program serving children and families with identified mental health needs or experiencing mental health crisis. Agencies must demonstrate that the target population served or intended to be served has identified mental health needs and that the type of services being provided help to mitigate the risk of mental health deterioration, crisis and/or involvement in emergency services and hospitalizations.

## **Timeframe:**

- Applications must be received by 12/30/2022
- Providers must expend funds by 12/31/2024

## **To participate in this funding, entities will be required to:**

(1) Submit the application for funding as outlined below via email at:

[Childrenfamilyservices.blockgrant@omh.ny.gov](mailto:Childrenfamilyservices.blockgrant@omh.ny.gov)

- Subject line of the email must read: **Sustaining EBP for Children and Youth**

(2) Providers must submit an end-of-grant program reports by 12/21/2024. Reports must include the following data:

- Use of funding
- Update to the information provided in the application on EBP practitioners (part (b) below)
- Attestation of completion of all requirements.
- If requirements were not met, explain why.

(3) Providers will need to submit expenditure reports as required.

**Note:** Expenditures from this award must be tracked and reported separately from all other expenditures.

## **Application Process:**

OMH is allocating a total pool of \$4,200,000 for this funding opportunity, up to \$200,000 per licensed provider. OMH may increase the amount available per applicant if funds are underspent. Applications will be reviewed in the order received. Approved applicants will receive funds on a first come/first served basis for each training session until funds are exhausted. Eligible applicants are able submit one (1) application per agency serving children

and families for all identified practitioners employed (full time, part time, per diem) by the agency.

**Failure to be responsive to any section below will disqualify applicant from funding.**

To participate in this funding opportunity, eligible providers must submit an application requesting funding that includes the following. Applications will be reviewed against the criteria below:

(a) Background Information

- Entity name, address, OMH licensed, designated, or funded children's mental health program(s) employing staff members identified under this grant
- Name and contact information of the applicant/lead individual who will be overseeing the project.
- Brief (1 paragraph) proposed use of funds

(b) Agency EBP Information. To receive funding, the applicant must provide information below on **all** EBP-certified practitioners or practitioners being certified in the agency.

For each Practitioner:

- (1) Name
- (2) Title/Role
- (3) Full time vs part time vs per diem
- (4) Credentials (e.g. MSW, NPP, etc.)
- (5) If Certified
  - a. Name of EBP
  - b. Effective Date of Certification
  - c. Certifying Entity
  - d. Number of Youth/Families, served in EBP in calendar year 2019, 2020, 2021, and 2022 through 6/31/22, and the program in which the youth/family received the EBP
  - e. Repeat for any additional EBP that the practitioner is certified in
- (6) If Seeking Certification
  - a. Name of EBP
  - b. Date of First Training
  - c. Certifying Entity
  - d. Repeat for any additional EBP for which the practitioner is seeking certification

If you have any questions regarding this Request for Applications, please contact the issuing officer, Carol Swiderski at [Carol.Swiderski@omh.ny.gov](mailto:Carol.Swiderski@omh.ny.gov).

## Appendix A

<b>Eligible Evidence-Based Practice</b>	<b>Acceptable Certifying/Training Entity</b>
4 Rs and 2Ss	McSilver Institute
Attachment, Regulation, and Competency (ARC)	Center for Trauma Training, Inc.
ChildFirst	ChildFirst National Program Office
Child Parent Psychotherapy	Endorsed CPP trainers are listed at Child Trauma Research Program at UCSF
Dialectical Behavior Therapy/Dialectical Behavior Therapy-C	Linehan Board of Certification (DBT-LBC)
Incredible Years (not including Classroom certifications)	The Incredible Years Inc.
Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)	University of Southern California Adolescent Trauma Training Center
Intensive In Home Child and Adolescent Psychiatric Services	Yale
Interpersonal Psychotherapy – Adolescents	IPT Institute
Functional Family Therapy	FFT LLC or FFT Partners
Homebuilders	Institute for Family Development
Maudsley Method – Family Based Treatment	Training Institute for Child and Adolescent Eating Disorders
Multidimensional Family Therapy	MDFT International
Multisystemic Therapy	MST Services, licensed by the Medical University of South Carolina
Parent Child Interaction Therapy	PCIT International
Prolonged Exposure Therapy – Adolescents	Center for the Treatment and Study of Anxiety, University of Pennsylvania
Structured Psychotherapy for Adolescents Responding to Complex Stress (SPARCS)	Institute for Adolescent Trauma Training and Treatment, Adelphi University
Triple P (Level 4 only)	Triple P International (Uniquet at the University of Queensland)
Trauma-Focused Cognitive Behavior Therapy	TF-CBT Therapist Certification Program run by the West Penn Allegheny Health System