

RFP: Young Adult ACT Teams (Rest of State)

OVERVIEW

On January 31st, the New York State Office of Mental Health (OMH) released a Request for Proposals (RFP) for the development of Young Adult Assertive Community Treatment (ACT) teams in the counties of Erie, Monroe, Onondaga, Westchester, and Nassau. The Young Adult ACT teams will serve 48 individuals, ages 18-25, that:

- Have serious mental illness (SMI) with high service needs;
- Have not been successfully engaged by the traditional mental health treatment and rehabilitation system; and
- Can benefit from the specialty ACT team’s goals, including helping young adults become independent.

The ACT team will provide comprehensive treatment services, support the development and implementation of vocational or educational plans, and focus on enhancing “real-world” skills such as financial literacy and time management. The Young Adult ACT teams will be funded through Medicaid and net deficit funding, in addition to \$425,000 in start-up and transition/ramp-up funding.

The full RFP is available [here](#). Required Letters of Intent are due on March 11th and applications are due on March 25th.

FUNDING

OMH will award one Young Adult Act Team in each county with a total of \$425,000 at the beginning of the contract for:

- Start-up costs (\$100,000); and
- Transition and ramp-up costs (\$325,000).

Young Adult ACT providers will additionally be funded through Medicaid and net deficit funding, as follows:

	48 Slot Downstate Team	48 Slot Upstate Team
Annual Expected Medicaid Revenue	\$785,938	\$762,330
Annual Net Deficit Funding	\$84,098	\$51,721
Service Dollars	\$23,502	\$23,502

The Downstate ACT Team rate is applicable to Nassau County and Westchester County. The Upstate ACT Team is applicable to Erie County, Monroe County and Onondaga County. Service Dollar Guidance outlining the appropriate use of these funds is available in the pre-submission uploads in the Grants Gateway.

Contracts will last for five years beginning on May 1st.

ELIGIBLE APPLICANTS

Eligible applicants are not-for-profit 501(c)(3) agencies that have experience providing mental health services to individuals with SMI through programs that are licensed by OMH. Agencies that are applying for more than one county must submit separate applications. Awarded applicants will be further subject to the submission and approval of a Prior Application Review (PAR) application to become a licensed ACT team and receive an official operating certificate.

ACT teams should have low individual-to-staff ratios (less than 10 to 1) with professional staff that include nurses, psychiatrists, licensed mental health clinicians, vocational support staff, substance use counselors, and peer support staff.

TARGET POPULATION

The Young Adult ACT teams will serve individuals between the ages of 18-25 with SMI who have continuous high service needs that have not been met in traditional outpatient settings, such as:

- Two or more psychiatric hospitalizations or one hospitalization of 60+ days in 12 months;
- Four or more psychiatric emergency room visits in the last 12 months;
- Co-occurring substance use disorder for 6 months or more;
- High risk of justice involvement;
- Homelessness or imminent risk of homelessness or inability to meet basic survival needs;
- Residing in an inpatient bed, residential program, or community residence and assessed to be able to live independently with intensive community services; and/or
- At risk of requiring more restrictive living situation without increased community services.

Individuals must be willing to participate in the ACT program. Individuals with a primary diagnosis of a personality disorder, a substance use disorder, developmental disabilities, or an IQ below 70 are not appropriate for Young Adult ACT services. The Young Adult ACT teams will serve individuals residing anywhere in the county where services are provided. Services should be provided in the community or where the individual lives and may be provided in groups when appropriate.

APPLICATION

Proposals will be scored based on the following criteria:

- Populations (17 points)
- Description of Program (21 points)
- Implementation (23 points)
- Agency Performance (15 points)
- Utilization Review, Reporting, and Quality Improvement (8 points)
- Financial Assessment (21 points)

Proposals must receive a minimum score of 75 to be considered for funding. In the case of a tie, the proposal with the highest score on the “Implementation” section will be considered for funding.

Timeline

Proposals must be submitted by March 25th. Applicants **must** submit a non-binding Letter of Intent to Deborah Beaudin at Deborah.Beaudin@omh.ny.gov by March 11th. OMH anticipates notifying awarded applicants on April 25th.

Questions may be submitted to the email address above with the subject line “Young Adult ACT RFP – Rest of State” by February 16th. Questions and answers will be posted on the OMH website on March 4th.