

2019 Empowering Older Adults with Disabilities Through Chronic Disease Self-Management Education Programs

OVERVIEW

On November 27th, the Administration for Community Living (ACL) Administration on Aging (AoA) released a Request for Applications (RFA) for the 2019 Empowering Older Adults with Disabilities Through Chronic Disease Self-Management Education Programs. The RFA will provide funding to organizations to develop and sustain evidence-based self-management education and support programs that empower older adults and adults with disabilities to better manage their chronic conditions. Approximately \$6.4 million in total funding will be allocated to up to 10 organizations through this RFA. Organizations may apply for one of the two following grant options:

- **Capacity-Building Grants**, which aim to build capacity in areas with no or limited infrastructure to introduce evidence-based chronic disease self-management education and support programs into underserved geographic areas and/or populations; or
- **Sustainable Systems Grants**, which aim to develop integrated, sustainable evidence-based chronic disease self-management education and support programs.

The full RFA is attached. Applications are due January 29, 2019.

FUNDING

There will be approximately four Capacity-Building Grants and awards will range from \$50,000 to \$150,000 over the three-year project period. There will be approximately six Sustainable Systems Grants and awards will range from \$500,000 to \$900,000 over the three-year project period. Funding may not be used for the following activities:

- Construction and/or major rehabilitation of buildings;
- Basic research (e.g. scientific or medical experiments); and
- Continuation of existing projects without expansion or new and innovative approaches.

Contracts for both grants will last for three years beginning May 1, 2019.

ELIGIBLE PROJECTS

Applicants must propose to implement one or more self-management education programs from the list provided in Appendix B. They may also propose to implement one (and only one) self-management support program from the list provided in Appendix C. Programs not included on these lists should not be proposed. Some of the eligible self-management education programs (Appendix B) include:

- Better Choices, Better Health (online chronic disease self-management program);
- BRI Care Consultation;
- Cancer: Thriving and Surviving Program;
- Chronic Disease Self-Management Program (English or Spanish);
- Chronic Pain Self-Management Program;
- Diabetes Self-Management Program (English or Spanish);

- Enhance Wellness;
- Health Coaches for Hypertension Control;
- Living Well with a Disability;
- Positive Self-Management Program for HIV;
- Toolkit for Active Living with Chronic Conditions;
- Wellness Recovery Action Plan; or
- Workplace Chronic Disease Self-Management Program.

ELIGIBLE APPLICANTS

Eligible applicants for funding through this RFA include domestic public or private not-for-profit organizations. In particular, state or local governments and not-for-profit 501(c)(3) organizations are eligible to apply.

Previous ACL Chronic Disease Self-Management Education awardees are not excluded from funding through this RFA; however, previous awardees must demonstrate a strong rationale to provide additional funding, including how additional funding will significantly enhance the awardee's previously-funded project.

APPLICATION

Applications will be reviewed based on the following criteria:

- Project Abstract (2 points)
- Project Relevance and Current Need (10 points)
- Approach (23 points)
- Outcomes and Evaluation (10 points)
- Sustainability (30 points)
- Organizational Capacity (15 points)
- Budget Narrative/Justification (10 points)

Award determinations will be based on the above criteria and a consideration of geographic distribution. In order to ensure a wider geographic reach, it is unlikely that more than one applicant per state will be funded under each grant option.

Timeline

Applications are due January 29, 2019. Applicants are encouraged, but not required, to submit a Letter of Intent by December 19th to Kristie Kulinski at kristie.kulinski@acl.hhs.gov.

There will be an informational conference call on December 18th from 2pm-3:30pm (Dial-in: 1-888-664-9963, Passcode: 3159143). Questions regarding this RFA may be submitted to the email address above.